

# CPR/AED LEVEL C

## ADULT/CHILD/INFANT

Cardiopulmonary resuscitation (CPR) can help save the life of another person. Mastering the essential skill of CPR is not only easily attainable but also empowers participants to deliver effective care when assisting someone in need. Learn how to manage an emergency scene, how to recognize a heart attack, and how to respond when someone stops breathing.

As an approved Canadian Red Cross training partner, WHSC courses on CPR are designed to equip participants with the essential skills required to identify and respond to cardiovascular emergencies and choking incidents across all age groups – adults, children, and infants. This course meets legislative requirements for provincial/territorial worker safety, insurance boards (WSIB approved) and includes the latest CPR guidelines and training in the use of an automated external defibrillator (AED).



<b>DURATION</b>	6 hours	<b>KEY LEARNING OBJECTIVES</b>	▶ Responding to emergencies
<b>DELIVERY METHOD</b>	In-class, instructor-led		▶ Emergency Medical System (EMS 9-1-1)
<b>PREREQUISITES</b>	None		▶ Check, call, care
<b>CERTIFICATION</b>	3-year certification in CPR/AED Level C		▶ Recovery position
<b>PARTICIPANT MATERIALS</b>	Canadian Red Cross Comprehensive Guide to First Aid (digital copy)		▶ Choking for adults, children, and infants
<b>COMPLETION</b>	<ul style="list-style-type: none"> <li>▶ Attend and participate in 100% of the course</li> <li>▶ Successfully demonstrate skills and critical steps</li> <li>▶ Min 75% on written knowledge evaluation</li> </ul>		▶ Assisting with medications
			▶ Managing angina, heart attacks, and stroke/transient ischemic attack (TIA)
		▶ CPR and AED application for adults, children, and infants	
		▶ Responding to deadly bleeding	
		<i>Includes any other content required by specific legislation.</i>	