

BASIC LIFE SUPPORT

FORMERLY KNOWN AS CPR FOR HEALTH CARE PROVIDERS

Gain the expertise and abilities tailored to professionals in the medical field, law enforcement, firefighting, or any other vocation that involves a commitment to the well-being and safety of others. Focus on learning the important steps to perform a rapid assessment, basic life support, and rapid defibrillation using an automated external defibrillator (AED) for any age group.

As an approved Canadian Red Cross training partner, WHSC courses on basic life support provide professionals with a duty to respond with the necessary confidence and skills to perform cardiopulmonary resuscitation (CPR) plus additional techniques for respiratory distress and obstructed airways. This course meets legislative requirements for provincial/territorial worker safety, insurance boards (WSIB approved) and includes the latest CPR guidelines and training in the use of an AED.



DURATION	4 hours	KEY LEARNING OBJECTIVES	<ul style="list-style-type: none"> ▶ Glove removal ▶ Primary assessment ▶ CPR and AED ▶ Airway obstruction ▶ Assisted ventilation ▶ Basic life support special considerations <p><i>Includes any other content required by specific legislation.</i></p>
DELIVERY METHOD	In-class, instructor-led		
PREREQUISITES	None		
CERTIFICATION	1-year certification in Basic Life Support		
PARTICIPANT MATERIALS	Basic Life Support Field Guide (digital copy)		
COMPLETION	<ul style="list-style-type: none"> ▶ Attend and participate in 100% of the course ▶ Successfully demonstrate skills and critical steps ▶ Min 75% on written knowledge evaluation 		