

WHSC Workplace Training Programs

We know our training works. More important, so do others. As Ontario's designated occupational health and safety training centre we have trained hundreds of thousands of workers, supervisors, joint health and safety committees, health and safety representatives, and other workplace parties over the past three decades. With more than 200 ready to deliver training programs we are well positioned to help your workplace comply with the many training requirements mandated by health and safety law. Much of the training we offer can also be used for general workforce training and as part of your overall workplace due diligence strategy. Many WHSC programs are scheduled to run at various times throughout the year in a community near you. Or, we can work with you organizing the delivery of one or more training programs in your workplace.

Listed below are titles of workplace training essentials. For more information, program descriptions and schedules or a copy of our training catalogue visit our website, www.whsc.on.ca or call our toll free line from anywhere in Ontario, **1-888-869-7950**, and ask to speak to a training services representative.

Meeting Specific and General Duties to Train

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| Basic Certification Training [4 days] * | Health and Safety: A Worker's Introduction [3 hours] * |
| Basic Steel – Level 1 [40 hours] | Lockout (Manufacturing) [6 hours] |
| Certification Part II – Sector Programs [3 to 7 days] ** | Mini Excavator Operator [8 hours] |
| C-45 The Westray Bill [3 hours] | Musculoskeletal Injury Prevention Program [6 hours] * |
| Confined Spaces Construction [6 hours] | Ontario Health and Safety Law: An Introduction [3 hours] |
| Confined Spaces Entry and Hazard Recognition [6 hours] | Propane Handling, Storage and Use [6 hours] |
| Confined Spaces Plan and Program [12 hours] | Rough Terrain Operator [8 hours] |
| Construction Project Regulations [3 hours] | Rough Terrain Operator – Mid-Term Evaluation [1 hour] |
| Cranes, Hoists and Rigging [6 hours] | Safety Hazards [3 hours] |
| Elevating Work Platform Operator [8 hours] | Skid Steer Operator [8 hours] |
| Ergonomics: Applying Prevention Principles at Work [6 hours] | Smaller Workplaces Health and Safety Program [14 hours] |
| Ergonomics: Basic Information for Joint Committees [9 hours] | Supervisor Health and Safety Training [6 hours] |
| Ergonomics: Injuries, Risk Factors and Design Principles [6 hours] *** | Transporting Dangerous Goods: Legislated Safety Requirements [6 hours] |
| Ergonomic Toolbox [3 hours] | Workplace Hazardous Materials Information System (WHMIS): Our Right to Know [6 hours] |
| Fall Protection [4 hours] | WHMIS at Work [3 hours] |
| Federal Committees and Representatives [12 hours] * | WHMIS for Workers [6 hours] **** |
| Forklift Operator [8 hours] * | WHMIS Hazard Classes (A-D3) [1 hour each] |
| Forklift Operator – Mid-Term Evaluation [1 hour] | WHMIS Review [3 hours] |
| Hazard Prevention Program (Federal) [3 hours] | Work at Heights [3 hours] * |
| Hazardous Waste [12 hours] | Workplace Inspections [3 hours] |
| | Workplace Investigations [3 hours] |

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Hazard Awareness Training

Individual hazard awareness programs are delivered over a three hour session. When bundled, three separate programs can be delivered during a one day session. Each program is designed to satisfy the Certification Part II workplace-specific hazard training requirement, where workplaces opt to take a more customized approach. Each is also suitable for general workforce training.

Adhesives	Machine Guarding – French
Agricultural Chemicals in the Food Industry	Man-Made Mineral Fibres
Aluminum	Manual Material Handling *
Anaesthetic Gases	Metalworking Fluids
Asbestos Hazards	Molten Materials and Furnace Hazards
Biological Hazards	Mould
Blasting Hazards in Underground Mining Operations	Moving Machine Parts
Compressed Gas *	Multiple Chemical Sensitivity
Confined Spaces *	Noise *
Conveyor Systems *	Office Biohazards: Viruses, Moulds and Bacteria
Critical Incident and Post Traumatic Stress	Office Layout and Design
Dust and Fibres	Office Work Environment
Dyes and Fabric Treatment	Oxidizing and Reactive Agents
Electrical Hazards *	Patient Handling
Elevating Devices	Personal Protective Equipment *
EMFs and Dirty Electricity	Power Presses
Emergency Preparedness and Pandemic Response Plans *	Pressurized Systems
Ergonomics in Health Care and Social Services	Propane Handling, Storage and Use
Explosives in Underground Mines	Roadway Work
Fire and Explosion	Robotic Machinery
Flammables and Combustibles	Solvents
Forklift Trucks *	Spray Painting
Glass Handling	Stress in the Workplace
Hand Tools *	Transportation of Dangerous Goods
Heat and Cold Stress	Vehicle Driving Hazards
Heavy Mobile Equipment	Vehicle Emissions
Hours of Work	Vibration
Indoor Air Quality and Ventilation *	Walking and Working Surfaces *
Industrial Lasers	Waste Disposal
Infectious Diseases	Water and Ice Rescue
Isocyanates	Welding Hazards *
Job Task Analysis	Work Design
Lighting	Work Organization
Lockout *	Workplace Violence and Harassment *

* Participant materials are available in French for programs marked with an asterisk. Upon request, any of our training programs are available for delivery by a French-speaking, WHSC-qualified instructor.

** WHSC offers 14 Certification Part II Sector Programs: Construction, Correctional Facilities, Education, Health Care & Social Services, Manufacturing & Fabricating, Mining, Office & Professional, Printing, Probation, Public Sector, Pulp & Paper, Retail, Tourism & Hospitality, Transportation.

*** A similar training program is available in French.

**** Available in French, Cantonese, Italian, Punjabi and Portuguese.